

**The Pas Skating Club**

**2023 -2024**

# CanSkate Program

The CanSkate Program is a learn-to-skate program designed to develop basic skating skills. CanSkate targets children who either have some skating experience (can stand and glide), or age 4 and older. Skaters develop fundamental skating movements, play games to practice skills and receive badges as they progress through stages and skills. The program concludes with a year-end review that allows skaters to showcase their skating development in a fun and positive way. Skaters in CanSkate must wear hockey skates or figure skates and a helmet **(CSA-approved hockey helmet)**. Each session is 45 minutes in length. Please note: some Saturdays there will be no skating due to scheduled hockey tournaments.

| **Location:**    **Schedule**: | RHJ Arena |
| --- | --- |
| Wednesdays | 5:15 pm – 6:00 pm |
| Saturdays | 10:45am – 11:30 am |
| Session 1 - Start Date: | October 11, 2023 |
| Session 1 - End Date:  Session 2 - Start Date:  Session 2 - End Date: | December 20, 2023  January 10, 2024  April 13, 2024 |
|  |  |

Year-End Review: \*April 14, 2024

\*Dates and times subject to change

A monthly calendar will be available on The Pas Skating Club’s bulletin board located in the Arena hallway and will also be posted on the website and Parent Facebook Group.

Schedule is subject to change. Please check The Pas Skating Club bulletin board at the rink for updated changes, or the Club website.

[www.skatethepas.uplifterinc.com](http://www.skatethepas.uplifterinc.com/)

Skate Canada Professional Coach: Janet “Babs” Hallgrimson

Skate Canada Professional Assistant Coach: Autumn Snow

**Cost:**

**Session 1 - $158 program + $58.70 Skate Canada Insurance + $60 Fundraising Fee = $276.70**

**Session 2 - $158 program + $58.70 Skate Canada Insurance + $60 Fundraising Free = $276.70**

\* Skate Canada Insurance carries over from session 1 to session 2.